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# **Molecular Aberrations Associated With Seizure Control In Diffuse Astrocytic And Oligodendroglial Tumors**

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Short title: Drug-resistant Epilepsy In Low Grade Glioma

## **Abstract**

**Background:** Diffuse astrocytic and oligodendroglial tumors are frequently associated with symptomatic epilepsy, and predictive seizure control is important for the improvement of patient quality of life. To elucidate the factors related to drug resistance of brain tumor-associated epilepsy from a pathological perspective.

**Method:** From January 2012 to October 2017, 36 patients diagnosed with diffuse astrocytic or oligodendroglial tumors were included. Assessment for seizure control was performed according to the Engel classification of seizures. Patient clinical, radiological, and pathological data were stratified based on the following 16 variables: age, sex, location of tumor, existence of the preoperative seizure, extent of resection, administration of temozolomide, radiation therapy, recurrence, Karnofsky performance scale, IDH-1, 1p/19q co-deletion, Olig2, PDGFR- $\alpha$ , p53, ATRX, and Ki67. These factors were compared between the well-controlled group and drug-resistant seizure group.

**Results:** Twenty-seven patients experienced seizures; of these, 14 cases were well-controlled, and 13 cases were drug-resistant. Neither clinical nor radiological characteristics were significantly different between these two groups, though p53 immunodetection levels were significantly higher, and the frequency of 1p/19q co-deletion was significantly lower in the group with drug-resistant seizures than in the well-controlled group. In the multivariate analysis, only one item was selected according to stepwise methods, and a significant difference was observed for p53 (OR, 21.600; 95% CI, 2.135–218.579;  $p = 0.009$ ).

**Conclusion:** Upregulation of p53 may be a molecular mechanism underlying drug resistant epilepsy associated with diffuse astrocytic and oligodendroglial tumors.

## Introduction

Diffuse astrocytoma and oligodendroglioma are classified as low grade gliomas (LGG) in accordance with the 2016 revision of the World Health Organization (WHO) criteria for brain tumors. Diffuse astrocytoma and oligodendroglioma account for around 70% of LGG<sup>1</sup>. The prevalence of seizures is 60-88% in patients with LGG, whereas the five years survival rate of these patients is around 70-90%<sup>2-4</sup>. Therefore, it is important to achieve better seizure control to improve the patients' quality of life<sup>5, 6</sup>. It has been reported that approximately 30% of the cases are uncontrolled seizures, regardless of appropriate treatment with antiepileptic drugs for epilepsy associated with LGG<sup>7</sup>. Tumors causing drug-resistant seizures for more than two years are a cumbersome problem, and are defined as "long-term epilepsy-associated tumors"<sup>8</sup>.

Recently, the risk factors for brain tumor-associated epilepsy were evaluated in LGG cases, especially seizure control<sup>9</sup>. The efficacy of tumor treatment is important for seizure control<sup>4, 10-13</sup>, as maximal resection improves seizure control. Moreover, in 80% of patients with temporal lesion of Engel class I, seizure control was achieved with maximal resection<sup>6, 14</sup>. Radiotherapy of WHO grade II patients resulted in a reduction of seizure frequency by 50% in 76% of the patients at 3 months after therapy, while there were no apparent changes in tumor responses on magnetic resonance imaging (MRI)<sup>15, 16</sup>. Nevertheless, seizure control is achieved upon chemotherapy regardless of the regimen<sup>10</sup>. Temozolomide (TMZ), which is generally used in LGG and malignant gliomas, resulted in 50% reduction in seizure frequency in 48% of patients<sup>17, 18</sup>.

From a histopathological point of view, oligodendrogliomas are more often associated with the prevalence of seizures than are astrocytomas. It has been reported that isocitrate dehydrogenase 1 (IDH-1) mutation<sup>19-22</sup>, 1p/19q co-deletion<sup>23</sup>, and high

expression levels of Ki67 are associated with seizure occurrence <sup>7, 23</sup>. Although these studies were focused on seizure occurrence, little is known about the factors associated with the degree of drug-resistant seizures. In this report, we analyzed the clinical and pathological factors associated with drug-resistance in brain tumor-associated epilepsy in patients with astrocytic and oligodendroglial tumors.

## **Materials and Methods**

### *Description of patient population*

We declare that this study has been approved by institutional ethics committee, and have been performed in accordance with the ethical standards of the 1964 Declaration of Helsinki and its later amendments. The study protocol was approved by the Ethics Committee of Sapporo Medical University Hospital (No. 292-242). All patients provided informed consent before participating. From January 2012 to October 2017, 48 consecutive patients were diagnosed with diffuse astrocytic or oligodendroglial tumors (WHO grade II) either by analysis of specimens collected after brain tumor resection or through biopsy at our institute. Pathological diagnosis was based on the WHO guidelines, as revised in 2016 <sup>24</sup>. A minimum postoperative follow-up period of 12 months was required. Consequently, patients diagnosed with diffuse astrocytoma with IDH-1 mutation, oligodendroglioma with IDH-1 mutation and 1p/19q co-deletion, diffuse astrocytoma with wild-type IDH-1, and oligodendroglioma NOS (not-otherwise-specified) were included.

We evaluated each case for seizure control at least 12 months after its recurrence. The patients were classified into two groups based on the extent of seizure control. Assessment for seizure control was performed according to the Engel classification of

seizures<sup>25</sup>. Cases of Engel class I and II were classified as well-controlled, and cases of class III and IV were classified as drug-resistant in accordance with the study of Kwan et al.<sup>26</sup>.

MRI examination was performed using a 3.0-T system (Signa Excite, version 11, GE Medical Systems) preoperatively, at 1 day and 1 month after operation. Subsequently, MRI was performed every 6 months. T1-weighted, gadolinium enhanced T1-weighted, T2-weighted, and fluid-attenuated inversion recovery sequences were used for evaluation.

Patient clinical and radiological data were stratified based on the following 9 variables: (1) age; (2) sex; (3) tumor location (frontal, temporal, other); (4) presence of the preoperative seizure; (5) extent of tumor resection ( $\geq 95\%$ ; gross total resection and subtotal resection as a border,  $< 95\%$ ; partial resection and biopsy); (6) TMZ administration; (7) radiation therapy; (8) decrease of tumor volume of  $< 50\%$  or  $\geq 50\%$  after treatment with operation, radiation, and chemotherapy; (9) recurrence; (10) neurological symptoms; (11) Karnofsky performance scale (KPS). The clinical and radiological factors were compared between the well-controlled group and drug-resistant seizure group.

#### *Detection of 1p/19q co-deletion by fluorescence in situ hybridization (FISH)*

We performed FISH using Vysis LSI 1p36/LSI 1q25 and LSI 19q13/19p13 Dual-Color Probe (Abbott, Abbott Park, IL, USA) for 1p36 and 19q13 deletion. Each of the probes was labeled with red and green fluorescence in target and control loci, respectively. FISH was conducted on formalin-fixed, paraffin-embedded specimens sectioned into 4- $\mu$ m slices on glass slides, as previously described<sup>27-29</sup>. We counted 50 tumor nuclei and calculated the percentage of deletion signals. The deletion signals were classified as

homozygous deletions, heterozygous deletions, and monosomy patterns. A homozygous deletion involved a complete deletion of the target locus in both alleles and exhibited only control green signal. A heterozygous deletion corresponded to the deletion of either of the target loci in one allele; the red signals for the target loci were detected in less nuclei than the green signals for control loci. Tumor cells with monosomy had one allele, and exhibited a pair of red and green signals. Monosomy was also considered as one of the patterns of heterozygous deletion. The results of FISH were confirmed by T.A., S.S., and T.H.

#### *Pathological assessment by immunohistochemistry*

We performed immunohistochemistry on formalin-fixed, paraffin-embedded specimens cut into 3  $\mu$ m-thick sections. We used antibodies against the following antigens: IDH-1 (H09, Dianova, Hamburg, Germany), ATRX (ab97508, Abcam, Cambridge, MA, USA), p53 (DO-7, BioGenex, Fremont, CA, USA), Olig2 (polyclonal, IBL, Gunma, Japan), platelet-derived growth factor receptor alpha (PDGFR $\alpha$ , 5241, Cell Signaling Technology, Danvers, MA, USA), and Ki67 (Ki67, Agilent Technologies, Santa Clara, CA, USA).

Figure 1 illustrates the scoring for each immunostaining. Scoring for Olig2 and PDGFR- $\alpha$  was done per specimen on a 4-point scale, from 0 to 3, at  $\times 200$  magnification, defined as follows: 0 corresponded to no or rare staining and 1 corresponded to  $<10\%$ , 2 corresponded to  $10\%-49\%$ , and 3 corresponded to  $\geq 50\%$  of positively stained cells. Scores for p53 and ATRX were analyzed per specimen at  $\times 200$  magnification, using a scale of 0–1 (0 corresponded to low expression [ $<10\%$ ], and 1 corresponded to high expression [ $\geq 10\%$ ]). Scoring for Ki67 was done on a 2-point scale, from 0 to 1 (0 corresponded to  $<5\%$  and 1 to  $\geq 5\%$  of positively stained cells). Immunoreactivity was

estimated by 2 neuro-oncologists (H.S. and T.M.) and 1 pathologist (S.S.). The pathological factors were compared between the group with seizures and the seizure-free group, and between the well-controlled and drug-resistant seizure groups.

### *Statistical analysis*

Data are expressed as median (interquartile range). Mann-Whitney U-test and Fisher's exact probability tests were used for the comparison between the groups of patients with well-controlled seizures and patients with drug-resistant seizures. For tests that resulted in  $p < 0.05$ , simple logistic regression was used in the univariate analyses. Odds ratios (ORs) were obtained through these models with 95% confidence intervals (Cis). Each item was then selected according to stepwise methods (model selection criterion, 0.10), and a multivariate analysis of all potential factors associated with drug-resistant seizure was performed. Kaplan-Meier estimates were used to assess the drug-resistance of seizures in patients with epilepsy. Endpoint was set at the day of recurrence of seizure. All statistical analyses were conducted using the SPSS software package (version 24.0, IBM Corp.), and  $p < 0.05$  was considered to be indicative of statistical significance.

## **Results**

### *Patient data*

Three patients with poor quality of specimens and 9 patients with insufficient specimens for histopathological analysis were excluded from 48 patients. A total of 36 patients (19 men and 17 women) were enrolled and retrospectively analyzed with regards to the presence of drug-resistant seizures. In terms of pathological diagnosis, 26 cases carried an IDH-1 mutation and 10 cases did not. Of the 26 cases with the IDH-1 mutation, 13



cases carried the 1p/19q co-deletion and 13 cases did not. Pathological diagnosis according to the 2016 WHO guidelines was diffuse astrocytoma with IDH-1 mutation in 14 cases, diffuse astrocytoma with wild-type IDH in 8 cases, oligodendroglioma with IDH-1 mutation and 1p/19q co-deletion in 13 cases, and oligodendroglioma with NOS in 1 case. The median patient age at the time of surgery was 35.5 years (interquartile range, 27.3-51.5; range, 4-82 years). The median follow-up period was 31.7 months (interquartile range, 24.7–65.9; range, 12.2–213.1 months). Mortality was observed at 1841 days, 2050 days, and 745 days after diagnosis in 1 case of diffuse astrocytoma with IDH-1 mutation and 2 cases of diffuse astrocytoma with wild-type IDH-1, respectively.

During the follow-up period, 27 out of 36 patients had seizures. Of these, 21 patients experienced seizures from disease onset, while 6 patients experienced seizures postoperatively. Mean duration from initial epileptic seizure to surgical intervention was 120 days in 21 cases; among these cases, focal to bilateral tonic-clonic seizures were presented in 12 patients, focal seizures with awareness in 5 patients, and focal seizures without awareness in 4 patients. Inducible seizures occurring only during the perioperative period were excluded. Seizures were classified based on the operational classification of seizure types by the International League Against Epilepsy<sup>30</sup>, and the results were as follows: 14 patients presented with focal to bilateral tonic-clonic seizures, 9 with focal seizures with awareness, and 4 with focal seizures without awareness.

Levetiracetam was used as the first-choice anticonvulsant in 22 cases; it was frequently used after it became available in our hospital. Other anticonvulsants included carbamazepine (6), lacosamide (3), phenobarbital (1), and sodium valproate (1). When seizures recurred, we weighted the drug or administered a different drug. The decision was made by the doctors based on guidelines<sup>31</sup>. In 13 cases, a different drug was used

because of drug-resistance: lacosamide (3), zonisamide (3), carbamazepine (2), lamotrigine (2), perampanel (2), and levetiracetam (1). There were 8 cases receiving two kinds of anticonvulsants, 3 cases receiving three kinds of anticonvulsants, and 2 cases receiving four kinds of anticonvulsants. An additional anticonvulsant was not administered in any of these cases because of side effects of the previously administered anticonvulsant. TMZ Chemotherapy was performed on 25 patients with administration of 75 mg/m<sup>2</sup> for 42 days (10) and 150 mg/m<sup>2</sup> for 5 days (15). Radiation therapy was performed for 14 patients: 60 Gy/30 fr (8), 54 Gy/30 fr (4), 54 Gy/28 fr (1), and 46 Gy/23 fr (1).

#### *The control of seizures in low grade glioma*

Table 1 shows clinical and radiographical characteristics in the well-controlled group and the drug-resistant seizure group. The well-controlled group included 14 cases (51.9%) and the drug-resistant group included 13 cases (48.1%); in the well-controlled group, multiple anti-convulsant drugs were administered in 1 patient, and in the drug-resistant group, multiple drugs were administered in 12 patients. The median age was 43.5 years (range, 33.8-58.3) in the well-controlled group, and 32.0 years (range, 21.0-42.5) in the drug-resistant seizure group indicating that the younger patients exhibited unfavorable control of seizures ( $p = 0.038$ ); neurological symptoms were observed in 1 case in the well-controlled group, and in 6 cases in the drug-resistant group ( $p = 0.021$ ). There were no significant differences in sex, location of tumor, existence of the preoperative seizure, extent of tumor removal, prescription of TMZ, irradiation therapy, Tumor volume after treatment, and tumor recurrence between the two groups ( $p = 0.180, 0.486, 0.385, 1.000, 1.000, 0.440, 0.081, \text{ and } 0.182$ , respectively). The median KPS was 90 (range, 90-100) in

the well-controlled group, and 90, (range, 40-100), in the drug-resistant seizure group ( $p = 0.375$ ). Therefore, the clinical characteristics of age and neurological symptoms were significantly associated with seizure control.

From a pathological point of view, 5 cases (35.7%) in the well-controlled group and 12 cases (92.3%) in the drug-resistant seizure group were positive for p53 immunostaining and this difference was statistically significant ( $p = 0.004$ ). Thus, the patients with p53-immunopositive tumors exhibited unfavorable seizure control. On the other hand, 8 cases (57.1%) in well-controlled group and 2 cases (15.4%) in the drug-resistant seizure group had the 1p/19q co-deletion and this difference was statistically significant ( $p = 0.046$ ), indicating that the patients without 1p/19q co-deletion mostly had drug-resistant seizures. There was no significant difference in immunodetection of IDH-1 between the well-controlled and drug-resistant seizure groups ( $p = 0.209$ ). Moreover, immunostaining scores for Olig2, PDGFR $\alpha$ , and ATRX were not significantly different between the well-controlled and drug-resistant groups ( $p = 0.072, 0.863, 0.816$ , respectively). Additionally, high Ki67 expression ( $> 5\%$ ) was detected in 6 cases (42.9%) in the well-controlled group and 6 cases (46.2%) in the drug-resistant group ( $p = 0.863$ ). Consequently, the presence of p53 and 1p/19q co-deletion were identified to have a statistically significant association with seizure control.

The univariate analysis associated with drug-resistant seizure in patients with diffuse astrocytic and oligodendroglial tumors are presented in Table 2. In the univariate analysis, the prevalence of drug resistant seizure was associated with neurological symptoms (OR, 11.143; 95% CI, 1.108-112.012;  $p = 0.041$ ), 1p/19q co-deletion (OR, 0.136; 95% CI, 0.022–0.860;  $p = 0.034$ ) and p53 (OR, 21.600; 95% CI, 2.135–218.579;  $p = 0.009$ ). In the multivariate analysis, only one item was selected according to stepwise

methods, and a significant difference was noted in the p53 (OR, 21.600; 95% CI, 2.135–218.579;  $p = 0.009$ ).

Twenty-seven patients with seizures were included in Kaplan-Meier estimation (Figure 2. a-c). The endpoint for the assessment of drug-resistance was defined as the day of recurrence seizure. The mean periods between seizure recurrence were 63.0 months (95% CI, 41.3-84.7) in the patients with the 1p/19q co-deletion versus 19.5 months (95% CI, 10.3-28.7) in the patients without 1p/19q co-deletion ( $p = 0.016$ ). The mean periods for seizure recurrence were 16.1 months (95% CI, 8.7-23.5) in the patients with p53 upregulation versus 67.8 months (95% CI, 46.6-89.0) in the patients without p53 upregulation ( $p = 0.001$ ). Moreover, the mean periods controlled by a single anticonvulsant were 50.5 months (95% CI, 27.7-73.3) in the patients with ATRX immunodetection versus 20.8 months (95% CI, 13.0-28.7) in the patients without ATRX staining ( $p = 0.181$ ).

## Discussion

### *The role of p53 in the control of seizures in patients with LGG*

The results of our study indicated that the control of seizures in diffuse astrocytoma and oligodendroglioma is associated with p53 immunopositivity. This is the first study reporting that p53 is related to the drug-resistance of seizures. p53 is a major tumor suppressor gene that is located on human chromosome 17p13 and plays an important role in cellular homeostasis by DNA repair, control of apoptosis, and regulation of the cell cycle<sup>32</sup>. Many types of cancer present abnormalities in p53 such as loss and mutation. In gliomas, immunodetection of p53 upregulation is indicative of the presence of p53 abnormalities and poor prognosis<sup>33-35</sup>. So far, the association between p53 in diffuse

astrocytoma and oligodendroglioma and seizure control has not been investigated. In preclinical studies on rats, normal p53 levels had an inhibitory effect on epilepsy. Engel *et al.* reported that lacking normal p53 results in prolongation of electrographic seizures and aggravation of the epileptic phenotype<sup>36</sup>. p53 is associated with neuronal death. Neuronal impairment induced by excessive neuronal excitotoxicity and prolonged seizures results in upregulation of p53, induction of DNA repair, and apoptosis. Indeed, in human temporal epilepsy and animal temporal epilepsy models, the levels of normal p53 were elevated in the hippocampus, and the absence of p53 was related to worse seizure outcomes because of seizure-induced neuronal death<sup>37-39</sup>. Duan *et al.* reported that epilepsy nerve cell apoptosis is regulated by the genes such as p53, Bcl, and Bax, and they exhibit a neuroprotective effect.<sup>40</sup> Therefore, p53 abnormalities might facilitate further intractability of seizures when epileptogenesis is established.

Our results demonstrated that the good control of seizures was also associated with 1p/19q co-deletion. This result is consistent with a previous report by You G *et al*<sup>23</sup>. With regard to the histopathology of the tumor, reciprocal characteristics between p53 mutation and 1p/19q co-deletion seem to exist, which can be adapted for the design of seizure control treatments. Only p53 was selected in the multivariate analysis, which revealed that p53 is a strong factor for seizure control. In addition, Olig2, a marker of mature oligodendrocytes, and PDGFR $\alpha$ , a marker of immature oligodendrocytes, were not significantly associated with seizure control. Therefore, the outcome on seizure control could not be explained by the pathological identity of oligodendrogliomas. Furthermore, it is reported that 80% of ATRX immunopositivity was detected in p53-positive diffuse astrocytoma and oligodendroglioma<sup>41</sup> and, in our study ATRX immunodetection was not significantly related to the drug-resistance of seizures.

Consequently, our results suggest that the drug-resistance of seizures is caused by p53 signaling in diffuse astrocytoma and oligodendroglioma, but via a pathway different than p53-ATRX.

With regard to clinical characteristics, neurological symptoms such as hemiparesis and aphasia are related to the anatomical and functional location of the tumors and risk factors of epileptic seizure<sup>42, 43</sup>. Moreover, the recurrence and malignant progression were related to epileptic seizure status and there were no significant differences in existence of preoperative seizure. It was considered that these patients with preoperative seizures were treated surgically before acquisition of drug-resistance<sup>42</sup>. However, in the multivariate analysis performed in our study, we excluded these factors and only included p53.

### *Limitation*

This study had several limitations. First, pathological factors presented in this study were estimated by immunostaining procedures. Since the WHO brain tumor classification was revised in 2016, a molecular evaluation and assessment would be necessary for brain tumor diagnosis. The second problem is the validity of the evaluation and assessment for seizures. The Engel classification, which was used for the assessment of seizure control, bears some discrepancies between the original use for idiopathic epilepsy and the adaptation for brain tumor-associated epilepsy<sup>7, 16, 44, 45</sup>. Moreover, the follow-up period was shorter than that used in idiopathic epilepsy. This is the most important discrepancy between the conventional approach for brain tumor-related epilepsy and the original approach for idiopathic epilepsy. Finally, this study involved a relatively small number of participants and use of individualized treatment approach. Therefore, statistical analysis

was performed using a univariate nonparametric test for all comparisons. In addition, the influence on epileptic seizure by each treatment result was not assessed. Studies with larger sample sizes are needed in the future for the confirmation of our observations.

## **Conclusion**

In diffuse astrocytoma and oligodendroglioma, the upregulation of p53 was associated with drug-resistance. In seizure control, there was a reciprocal association between p53 mutation and 1p/19q co-deletion as evidenced by the pathological characteristics of the tumors. In cases of diffuse astrocytoma and oligodendroglioma, long-life prognosis and disease-free survival are anticipated. Therefore, the assessment and prognosis of brain tumor-associated epilepsy are important for the management of diffuse astrocytoma and oligodendroglioma.

Ethical statement:

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No funding has been received for this study.

### *Conflict of interest Disclosure*

The authors declare that they have no conflicts of interest.

### *Acknowledgement*

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### *Ethical approval*

We declare that this study has been approved by the Ethics Committee of Sapporo Medical University Hospital (No. 292-242), and have been performed in accordance with the ethical standards of the 1964 Declaration of Helsinki and its later amendments.

### *Informed consent*

All patients provided informed consent before participating.



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## Figure legends

Figure 1. Microscopic images of tumor specimens stained by immunohistochemistry with different scores.

(a) Scoring for Olig2 was defined follows: 0 corresponds to no or rare staining, 1 corresponds to <10% of positively stained cells, 2 to 10%-49%, and 3 to  $\geq$ 50% of positively stained cells, at  $\times 200$  magnification. (b) Scoring for Ki67 was defined follows: 0 corresponds to <5%, and 1 to  $\geq$ 5% of positively stained cells, at  $\times 200$  magnification. (c) Scoring for p53 was defined as follows: 0 corresponds to low (<10%), and 1 to high expression ( $\geq$ 10%) at  $\times 200$  magnification.

Figure 2. Kaplan-Meier estimates of period until the recurrence of seizure.

The mean periods until the recurrence of seizure were significantly different between (a)

cases with 1p/19q co-deletion and cases without the co-deletion ( $p = 0.016$ ), and (b) cases with p53 upregulation and cases with normal p53 levels ( $p = 0.001$ ). There was no significant difference in the mean periods controlled by a single anticonvulsant between (c) cases with tumors positive for ATRX staining and cases with tumors negative for ATRX ( $p = 0.181$ ).